

29 Apart. 30 Together.



In honor of our 30th anniversary as a chapter we are asking community members to walk 29 miles before Walk day and then walk their 30th mile together! Keep track of your miles completed on this chart.

Mile 1	Mile 2	Mile 3	Mile 4	Mile 5
Start your Fundraising with a \$30 Self Donation				Ask 5 neighbors for a \$5 donation
Mile 6	Mile 7	Mile 8	Mile 9	Mile 10
				Ask 5 coworkers for a \$10 donation
Mile 11	Mile 12	Mile 13	Mile 14	Mile 15
				Ask 4 friends for a \$15 donation
Mile 16	Mile 17	Mile 18	Mile 19	Mile 20
				Ask 3 relatives for a \$20 donation
Mile 21	Mile 22	Mile 23	Mile 24	Mile 25
				Ask 1 person for a \$25 donation
Mile 26	Mile 27	Mile 28	Mile 29	Mile 30
			CELEBRATE YOU WALKED 29 MILES	WALK DAY MILE!